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Supporting Mental Health in the Workplace

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February 2020

Studies reveal that workplaces are losing increasing sums of money due to staff being less productive or altogether absent from work due to mental health problems. It has been estimated that more effective mental health support in the workplace could save UK businesses up to £8 billion per year. Our Tackling Mental Health in the Workplace event seeks to provide delegates with the necessary information, insight and skills to raise awareness and implement changes that tackle the issue in their workplaces.

The conference offers practical advice on **removing the mental health stigma** and **encouraging a healthy workforce**. We will discuss together how you can **prepare your workforce for the challenge** and help ensure that there is **effective support made available** at all levels of your place of work.

Why attend?

- Learn how to support and protect your colleagues and tackle mental health in the workplace
- Bring new ideas on staff wellbeing back to your organisation and learn to put them in practise
- Hear from leading figures in mental health
- Earn a CPD certificate for your personal progression
- Enjoy an opportunity to network with top speakers and fellow colleagues

Who should attend?

Anyone with an interest in improving mental health in the workplace, including: employers; HR managers/officers; wellbeing officers; health & safety officers; consultants; health services providers; trade unions and representative groups.

The event is **CPD certified**, and a certificate is available to confirm your attendance.

2019 speakers included:

- **Emma Mamo**, Head of Workplace Wellbeing, Mind
- **Professor Dame Carol Black**, Principal of Newnham College Cambridge, past-President of the Royal College of Physicians, of the Academy of Medical Royal Colleges, and of the British Lung Foundation
- **Rachel Boon**, Group Head of Health & Wellbeing, Royal Mail Group
- **Keith Gibbs**, Head of Human Resources, Network Rail
- **Paul Deemer**, Head of Diversity and Inclusion, NHS Employers
- **Gordon Hodgson- Day**, Lead, Cross-Government Mental Health Network
- **Alison Pay**, Managing Director, Mental Health at Work

Dates and locations:

Supporting Mental Health in the Workplace | Central London | February 2020

[Registration coming soon](#) [1]

For queries regarding registration please email:

020 7593 5556
conference.admin@dodsgroup.com [2]

Agenda:

Source URL: <http://diverseworkforceseries.dods.co.uk/supporting-mental-health-workplace>

Links

[1] <https://www.eventsforce.net/dods/7312/register?mc=website/register>

[2] <mailto:conference.admin@dodsgroup.com>